

Aikido

Curriculum Vitae

For

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1 Dates And Grades

1.1 January 1982 – January 1985

Started practising Aikido within the Aikido Fellowship (Ralph Reynolds). Received instruction from Ronald Naven. Graded to 2nd kyu before leaving to join the West Midlands Aikikai and the BAF In January 1985, receiving instruction from Mr William Smith.

1.2 15th December 1985

Re-graded 2nd Kyu within the West Midlands Aikikai (Now United Kingdom Aikikai). Became Ken Shu Sei to Mr William Smith.

1.3 25th October 1986

Awarded Hakama for dedication to Mr W Smith as his Ken Shu Sei.

1.4 9th November 1986

Promoted to 1st Kyu two weeks after receiving Hakama.

1.5 February 1988

Promoted to Sho Dan by Chiba Sensei during UKA winter school, Fox Hollies

1.6 August 1993

Promoted to Ni Dan by Chiba Sensei during UKA summer school, Newport

1.7 August 1995

Promoted to San Dan by Mr W Smith and the UKA Shidojin during UKA summer school, Newport

1.8 August 1999

Promoted to Yon Dan by Mr W Smith and the UKA Shidojin during UKA summer school, Newport.

2 Instructor Courses Attended And Instructor Grades awarded

2.1 1987 – 1995

Attended Mr Smiths monthly teachers courses. These courses were held on the first Saturday of each month for 3 hours duration.

2.2 July 1992

Attended British Aikido Board (BAB) assistant coach course. Subsequently awarded BAB Assistant Coach certificate.

2.3 UKA Teachers Courses 1994 – Present

Attend and conform to the minimum attendance required to be accepted as a UKA instructor and / or be considered for the position of a Ren Shin Kan Fukushidoin

2.4 April 1996

Attended British Aikido Board (BAB) coach course. Subsequently awarded BAB Coach certificate.

2.5 Special UKA Fukushidoin Course 1999

Attended and conformed to the minimum attendance required to be considered for the position of Fukushidoin.

2.6 January 2002

Promoted to Fukushidoin within the Ren Shin Kan House of the UKA. I have had authority to Grade to 1st Kyu for the past 3 years.

2.7 June 2003

Attended British Aikido Board (BAB) Senior Coach Course. Subsequently awarded BAB Children's Coach Certificate and Senior Coach Certificate. (Now classed as a Level 3 Coach)

3 Summer Schools and Winter Schools attended

3.1 Summer Schools

- Aikido Fellowship Summer Schools for 1982 to 1984
- Chester 1985
- Chester 1986
- Bridgenorth 1987
- Birmingham (Fox Hollies) 1988
- Newport 1989
- Newport 1990
- Newport 1992
- Newport 1993
- Newport 1994
- Newport 1995
- Stourbridge 1996
- Birmingham 1997
- Bromsgrove 1998
- Newport 1999
- Bangor 2000
- Newport 2001
- Newport 2002
- Newport 2003
- Newport 2004
- Newport 2005
- Newport 2006
- Newport 2007
- Newport 2008

3.2 Winter Schools

- Stonehall & Bridgenorth October 1985
- February 1988
- Saltley Feb 1989
- Various un-logged locations 1990 to 1996
- Ren Shi Kan (Old Hill) 1997 to present

3.3 Other Courses Attended

3.3.1 UKA Courses

The number of UKA courses I have attended are too numerous to mention but suffice to say I have attended all but a few. These courses are held, in general three times a year. This also includes the Big 3 courses in Lowestoft.

3.3.2 Courses With Japanese Instructors

Again the number of courses where I have received instruction from Japanese instructors are too numerous to mention. However the, not exhaustive, list of Japanese sensei's I have received Instruction from should illustrate my experience.

- Kanetsuka
- Chiba
- Sugano
- Yamada
- Yamaguchi
- Endo
- M. Ueshiba (Doshu)
- Tamara
- Matsuda
- Shibata
- Saito
- Fugita
- Kobeyashi
- Katura

4 Contributions To Aikido within the UKA

4.1 Mr Smiths Assistant

I was Mr Smiths Ken Shu Sei and later Ukedeshi from January 1986 until January 2002. During this time I have been recognised as his longest serving assistant to date and have benefited significantly from his instruction.

4.2 Travelling with Mr W Smith

During my years as Mr Smith's assistant (Ken Shu Sei) I travelled with, and aided, Mr Smith at courses he has taken all over the British Isles.

4.3 Ken Shu Sei courses 1994, 1996, 1999

I compiled the curriculum, organised, advertised instructed and provided written handouts for three Ken Shu Sei courses taken during the dates above. Each course was of 3 hours duration taken once a month for a total of 6 months in duration. Students were required to attend 4 out of the 6 courses to have they're qualification log books signed as having completed the Ken Shu Sei (special student or instructors assistant) course.

4.4 Invitations to teach at other dojo's

I have been invited to and taken classes at the following dojo's

- Various classes at Ren Shin Kan
- Acocks Green
- Hall Green
- Cadbury's
- West Heath
- Telford
- Athens (Hellenic Aikikai)
- Hong Kong (HKAA)
 - Bowring St
 - Kowloon Park
 - North Point

4.5 Wa Shin Kan Opened Jan 2002

During the first weeks of January 2002 I opened my own dojo, Tanworth Aikikai, at the village hall Tanworth in Arden (now at Ullenhall Village hall and North East Worcs College, Redditch under the banner of Wa Shin Kan). During the time the dojo has been running I have organised a number of demonstrations to promote the club to the public. The club has expanded to two nights a week and has a register of 11 students. Gradings for kyu grades of 2nd kyu and below are arranged and held at the dojo, with higher grades being taken at UKA grading courses. Visits to Mr Smith were twice a month and are now directed to Mr Jones for personal instruction.

Run pre-grading courses are arranged prior to a grading course and are used to clarify grading requirements.

I also compiled a Wa Shin Kan web site, which is advertised in the UKA and BAB web sites and is included in all the main search engines. Advertising flyers are sent out twice a year. Advertisements in the local parish council newsletters are permanent fixtures. The UKA Shido-in web sites are also advertised on the Wa Shin Kan web site.

4.6 Helped the following students to reach Dan Grade

During the past 14 years I have helped many students progress through the ranks. The students below attended my Ken Shu Sei courses and were promoted shortly after completing the courses.

- Phillip Cook
- Nigel Turley
- Louise Hunt (Ni Dan)

Other students of mine to reach Dan Grade are:

- Anne Milner
- Paul Lakin
- Bert Harris (Ni Dan, Shared with West Heath)
- Chris Powell (Shared with West Heath)

I currently have 2 students who are studying to take their Dan grade. I am planning to prepare these students for Winter school and Summer school 2009 respectfully.

4.7 Lottery Grants

Since 2004 I have gained grants to the value of £17,000 allowing the following clubs procure new mats:

- Wa Shin Kan
- West Heath
- Ren Shin Kan
- Gloucester

4.8 Fukushima Representative on the Technical Committee

During the later half of 2006 I was voted by my Fukushima peers to be the Fukushima representative on the UKA technical Committee.

4.9 General Secretary

During the 2007 AGM I applied for and was elected to General Secretary of the UKA. In support of this I have represented the UKA in communications with Hombu Dojo and the BAB. In support of this new role and the election of Mr Jones as UKA Principal and Shidoi I have generated the following:

- New constitution
- New Job Specs for committee members
- New Fukushima Certificates
- New Kyu Grade certificates
- New membership book
- New secretarial headed paper

4.10 Ren Shin Kan Fukushima Courses

Since the inception of the new course format in 2006 I have been instrumental in maintaining the process for monitoring and promoting instructors who aspire to be RSK Fukushima.

4.11 Club Mark Assessor

In 2008 I will become one of two instructors to be awarded "Club Mark Assessor" status to allow UKA clubs gain the Club mark seal of approval for young people and Vulnerable adults.

5 Overseas Visits, Links Set Up Expanding the Influence Of The UKA, (Greece, Hombu, Hong Kong).

During the last few years I have Visited The Hellenic Aikikai in Athens Greece with Mr Jones and been invited to instruct on two classes before and after Mr Jones course.

I visited Hombu Dojo for 3 days in 2007 and received instruction from Doshu, Kobayashi, Miyamoto and Sugawara Sensei's.

From 2007 to the present I have visited the Hong Kong Aikido Association (HKAA) 4 times. The HKAA is Cottier Sensei's organisation. I have set up a close link with the technical committee at the HKAA and have both received instruction and been asked to instruct during all my visits. The May 2008 visit saw Mr Paul Wilkes accompanying me thereby exposing the HKAA to other UKA instructors other than myself.

2009 promises to be exciting as I have had firm enquiries from 5 other UKA Aikidoka who wish to travel with me to Hong Kong further establishing the link between the UKA and HKAA.